

## Since January 2017-School District U-46 participants have lost

## with Real Appeal®

## **Congratulations** Real Appeal members!

We're part of something lifechanging. Our 4,721 lbs have contributed to the more than 1 million lbs lost by Real Appeal members everywhere.

## Elizabeth

Real Appeal member.

**30** Ibs lost



Real Appeal members who attended 4 or more sessions lost an average of 10 pounds. Individual results may vary. Consult your physician before starting any weight loss program.

Join in our success. Become a member for free\* at congrats.realappeal.com

For the best experience, access Real Appeal from your own device.

pounds lost

Appeal

\*Real Appeal is offered at no additional cost to you as part of your medical benefits plan, subject to eligibility requirements.